

## **Aparihaniya Dhammas in the development and sustainability of charities and social welfare organisations in Mandalay Region**

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### **Abstract**

Associations, teams and organisations are common in societies. Some of these are successful and sustainable, while others are not. Therefore, it is worth investigating to find out why some associations or organizations are sustainable. In the present research seven conditions conducive to the growth of a nation's welfare expounded by Lord Buddha are used to assess improvement of social organizations. This research investigates the application of the Satta Aparihaniya Dhamma in social and Buddhist religious organisations and how such applications can benefit the societies. A survey and an interview method are used to collect the data in this research. A set of questionnaire survey and follow-up interview questions were administered to the participants in two social organizations. The findings reveal that there is a correlation between long-term sustainability of organizations and adherence to these Satta Aparihaniya Dhammas. It is, therefore, assumed that long-term sustainability of organizations is based on the adherence to these Satta Aparihaniya Dhammas. This research can hopefully contribute to long-term sustainability of organisations and contribute to their prosperity.

Key words: Aparihaniya, adherence, progression, regression, sustainability

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